



330 Mount Laurel Road • Mount Laurel, NJ 08054

Phone - 856-235-3387 • Fax - 856-235-1837

Sharon Vitella, Ed. D.

Asst. Superintendent Curriculum, Instruction and Assessment

mtlaurelschools.org • svitella@mountlaurel.k12.nj.us

Dear Parent or Guardian:

Attached you will find an outline of the *Family Life* curriculum currently approved for use in our schools and mandated by the State Board of Education.

The attached outline lists the topics that will be introduced. You may wish to examine and discuss this information prior to its instruction at school. The curriculum guide is available on the district website and/or at your child's school through your principal for your review. The principal will also be able to answer any questions you may have about how this program is implemented in your child's classroom.

Parents or guardians who believe that any part of this program is in conflict with their conscience or sincerely held moral or religious beliefs may have their child excused from that portion of the course. A signed statement should be sent to your child's principal. There will be no penalties as to grade, credit or graduation.

Sincerely,

Sharon Vitella

Sharon Vitella, Ed. D.
Assistant Superintendent
Curriculum, Instruction and Assessment

attach.



WELLNESS &
HUMAN RELATIONSHIPS AND SEXUALITY

GRADE K

1. Families (*Unit: Relationships*)
2. Rights and responsibilities of families (*Unit: Relationships*)
3. Correct terminology to identify body parts (*Unit: Choices*)

Grade 1

1. Friendship and healthy relationships (*Unit: Human Relationship and Sexuality*)
2. Appropriate ways to show affection and caring (*Unit: Choices...*)
3. Physical differences and similarities of genders (*Unit: Human Relationships and Sexuality*)

Grade 2

1. Human beings develop inside their birth mother and factors that contribute to a healthy baby (*Unit: Disease and Health Conditions*)

Grade 3

1. Families typically share common values, provide love, support and set boundaries (*Unit: Family Values...*)
2. Healthy relationships are fostered in some families and not others (*Unit: Family Values...*)

Grade 4

1. Relationships with family and friends (*Unit: Health Conditions...*)
2. Changes occurring during puberty (*Unit: Human Relationships and Sexuality*)
3. Fetus/embryo development (*Unit: Human Relationships and Sexuality*)
4. Reproductive Systems (*Unit: Human Relationships and Sexuality*)

Grade 5

1. Social and emotional health of individuals and families (*Unit: Wellness*)
2. Families change over time (*Unit: Human Relationships and Sexuality*)
3. Healthy relationships (*Unit: Human Relationships and Sexuality*)
4. Growth patterns of males and females during adolescence including changes in body parts i.e. changes occurring during puberty (*Unit: Human Relationships and Sexuality*)

Grade 6

1. Peer relationships during adolescence (*Unit: Human Relationships and Sexuality*)
2. Dating (*Unit: Human Relationships and Sexuality*)
3. Abstinence (*Unit: Human Relationships and Sexuality*)
4. Impact of sexual activity (*Unit: Human Relationships and Sexuality*)
5. Behaviors that place one at risk for HIV/AIDS, STD's, unwanted pregnancy (*Unit: Human Relationships and Sexuality*)
6. Pregnancy (*Unit: Human Relationships and Sexuality*)

Grade 7:

For middle school, the NJ State Standards for Family Life to be covered by the end of 8th grade will all be taught in 8th grade.

Grade 8:

1. Differentiating between affection, love, commitment and sexual attraction based on family and societal values (*Unit: Relationships...*)
2. Relationships including family, friends, dating and dating violence awareness/prevention (*Unit: Relationships...*)
3. Puberty (*Unit: Puberty and Sexuality*)
4. Abstinence (*Unit: Puberty and Sexuality*)
5. Pressures & impact of adolescent sexual activity (*Unit: Puberty and Sexuality*)
6. HIV/AIDS, STDs, unwanted pregnancy (*Unit: Puberty and Sexuality*)
7. Contraception (*Unit: Puberty and Sexuality*)
8. Sexual orientation (*Unit: Puberty and Sexuality*)
9. Importance of routine healthcare procedures (*Unit: Puberty and Sexuality*)
10. Fertilization and stages of embryonic and fetal development (*Unit: Pregnancy, Childbirth...*)
11. Pregnancy & childbirth (*Unit: Puberty and Sexuality*)
12. Parenting (*Unit: Puberty and Sexuality*)